

*Awakening Touch* MASSAGE

**CranioSacral Therapy for Adolescence**

Patient name _____ Parent/Guardian name _____		
Date _____		
Address _____		
City _____	State _____	Zip _____
E-Mail _____		Child's Date of Birth _____
Cell Phone _____		Home Phone _____
Referred by _____		
Emergency contact _____		Phone number _____

Has child previously experienced CranioSacral Therapy? YES NO

Is child currently under a physician's care for any conditions? YES NO

If yes, please describe \_\_\_\_\_

Primary reason for today's visit? \_\_\_\_\_

Areas of complaint, pain, tension? \_\_\_\_\_

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Child's goal for this session? \_\_\_\_\_

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Are you aware of any emotional distress flowing from the child's injury? \_\_\_\_\_

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Any secondary complaints you would like to address? \_\_\_\_\_

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How and when did the child's major symptoms begin? (result of an accident, injury, or did they begin spontaneously?)

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Has the child ever received any other treatments for this condition? (Chiropractic, Naturopathic, Acupuncturist, etc.)

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Is the child comfortable with your therapist asking personal questions as they pertain to your session?

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Does the child have other physical or mental condition I should be aware of before receiving CranioSacral Therapy?

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How would you describe the child's activity level? (i.e. exercise, sports, etc.)

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**Please leave blank or circle if applies: C for current, P for past issues**

Headaches	C	P
Migraines	C	P
Jaw problems	C	P
TMJ	C	P
Whiplash	C	P
Vision problems	C	P
Neck problems.	C	P
Ear problems	C	P
Hearing problem.	C	P
Tinnitus	C	P
Ringing in ears	C	P
Dizziness	C	P
Development Delays.	C	P

Sinus problems.	C	P
Facial pain	C	P
Closed head injury	C	P
Sciatica	C	P
Back pain	C	P
Difficulty sleeping	C	P
Anxiety.	C	P
Panic attacks.	C	P
Depression.	C	P
Mood swings.	C	P
Shunt	C	P
Physical/mental/ Sexual abuse	C	P
Birth trauma.	C	P

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## DISCLOSURE AND CONSENT

Please thoroughly read the following paragraphs and then initial each paragraph after reading.

\_\_\_\_\_ I understand that CranioSacral Therapy (CST) does not diagnose illness, disease or any other physical or mental disorder. In addition, the cranial sacral therapist does not prescribe mental treatment or pharmaceuticals.

\_\_\_\_\_ I understand that CranioSacral Therapy (CST) is considered to be a contraindication for recent injuries to the head and neck, i.e.; recent whiplash, any recent fractures to the base of the neck, concussions, hemorrhage, as well as rheumatoid arthritis. I state that I am not currently experiencing any of these conditions.

\_\_\_\_\_ It has been made very clear to me that CranioSacral Therapy (CST) is not a substitute for medical examinations and/or diagnosis and that it is recommended that I see a physician for any physical elements that I might have.

\_\_\_\_\_ Because a CranioSacral Therapist (CST) must be aware of existing physical conditions, I have stated all my known medical conditions and take upon myself to keep the CranioSacral Therapist (CST) updated on my physical health. Further, I release the CST therapist from responsibilities and liabilities for any adverse reactions resulting from disclosed and undisclosed conditions.

*I have completed the above information accurately and have read, understand, and take responsibility for the above statements.*

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

### **CANCELLATION POLICY**

A 24-hour advance notice is required when canceling any appointments, except in case of illness or emergency. Cancellations without 24-hour notice will result in full payment charges.

*I have read and understand this cancellation policy.*

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_